

First Annual Delaware Charity Challenge Winter Indoor Triathlon Results (January 8, 2016)

15 minutes on a treadmill, 15 minutes on a rowing machine, 15 minutes on a spin bike

Medley Triathlon Competition					
	Total Distance	Treadmill (miles)	Erg (Meters)	Erg (Converted)	Spin Bike (miles)
Women's Division					
1. Foschi Photography for Andrew McDonough B+ Foundation	7.67 miles	1.29	3366	2.09	4.29
Men's Division					
1. University of Delaware Men's Crew	11.32 miles	2.37	4387	2.73	6.22
2. Innovincent (Combined Campaign for Justice)	10.24 miles	1.97	3142	1.95	6.32
3. CrossFit Riverfront for Faithful Friends	9.34 miles	1.99	4042	2.51	4.84
Co-Ed (M, M, F) Division					
1. Christiana PA's (Friends of Wilmington Parks)	9.60 miles	2.1	3480	2.16	5.34
2. Friends of Wilmington Parks	8.41 miles	1.88	3517	2.19	4.34
3. CrossFit Riverfront for Faithful Friends	7.51 miles	1.42	3873	2.41	3.68
Co-Ed (F, F, M) Division					
1. Clark's Sharks for Mike Clark Legacy Foundation	7.81 miles	1.43	3270	2.03	4.35
2. Kelly Anne Dolan Memorial Fund	6.00 miles	1.49	2740	1.7	2.81

Run, Row, Bike Triathlon Competition					
Men's Division	Total Distance	Treadmill (miles)	Erg (Meters)	Erg (Converted)	Spin Bike (miles)
1. Clark's Sharks for Mike Clark Legacy Foundation	33.55 miles				
B. Bugher	11.49 miles	2.12	3888	2.41	6.96
J. Kammerzelt	10.79 miles	2.18	3840	2.39	6.22
M. Shiflett	11.27 miles	2.18	3767	2.34	6.75
2. University of Delaware Men's Crew (Squad 3)	31.10 miles				
E. Zavala	10.12 miles	2.29	3880	2.41	5.42
W. Beardell	10.87 miles	2.11	4029	2.5	6.26
K. McCraig	10.12 miles	2.21	4014	2.49	5.41
3. University of Delaware Men's Crew (Squad 1)	30.42 miles				
E. Frezza	10.32 miles	2.24	4217	2.62	5.46
A. Fingerhut	9.96 miles	2.15	3875	2.41	5.4
S. Bachanach	10.14 miles	1.84	3954	2.46	5.84
4. University of Delaware Men's Crew (Squad 2)	30.3 miles				
A. Kershaw	10.09 miles	2.22	4169	2.59	5.28
R. Cucci	10.10 miles	2.54	4101	2.55	5.01
N. Seidman	10.11 miles	2.1	3958	2.46	5.55
5. University of Delaware Men's Crew (Squad 8)	28.66 miles				
J. Connors	9.67 miles	1.82	4060	2.52	5.33
O. Bazalgette	9.77 miles	2.3	3761	2.1	5.37
M. Senf	9.22 miles	1.86	3373	2.34	5.02
6. University of Delaware Men's Crew (Squad 6)	28.57 miles				
B. Peck	9.29 miles	1.61	3820	2.37	5.31
T. Patterson	9.66 miles	2.09	4020	2.5	5.07
J. McCullough	9.62 miles	1.29	3830	2.38	5.95
7. University of Delaware Men's Crew (Squad 9)	27.8 miles				
T. Snow	9.1 miles	1.98	3367	2.09	5.03
J. Lombino	8.03 miles	1.59	3432	2.13	4.31
A. Deluca	10.67 miles	2	3858	2.4	6.27
8. University of Delaware Men's Crew (Squad 7)	26.47 miles				
C. Ehrig	6.91 miles	2.19	3922	2.44	2.28
B. Kaiser	8.92 miles	2.19	3914	2.43	4.3
S. Menken	10.64 miles	2.19	4049	2.52	5.93

Men's Division (cont.)	Total Distance	Treadmill (miles)	Erg (Meters)	Erg (Converted)	Spin Bike (miles)
9. University of Delaware Men's Crew (Squad 4)	26.07 miles				
W. Roman	7.71 miles	2.53	4143	2.57	2.61
D. Caspers	9.24 miles	2.37	4297	2.67	4.2
S. Vaca	9.12 miles	2.2	3812	2.37	4.55
10. Mosaic in Delaware	25.76 miles				
M. McCloskey	8.43 miles	1.7	3720	2.31	4.42
B. Judge	7.99 miles	1.81	3505	2.18	4
J. Davis	9.34 miles	1.76	3484	2.16	5.42
11. LLS Survivors	18.52 miles				
S. Brown	5.46 miles	1.17	3289	2.04	2.25
K. Wicks	5.84 miles	1.51	3320	2.06	2.27
D. Fitzgerald	7.22 miles	1.22	2908	1.81	4.19
12. University of Delaware Men's Crew (Squad 10)	INC				
J. Williams	9.53 miles	2.02	3905	2.43	5.08
B. Regan	10.29 miles	2	4105	2.55	5.74
B. O'Brien	DNC				
13. University of Delaware Men's Crew (Squad 14)	INC				
B. Kungle	9.67 miles	1.86	4070	2.53	5.28
D. Delagdo	10.12 miles	1.97	3946	2.45	5.7
B. O'Grady	DNC				
14. University of Delaware Men's Crew (Squad 11)	INC				
C. Dabagian	9.5 miles	2.19	4025	2.5	4.81
C. Brown	10.18 miles	2.26	3968	2.47	5.45
C. Clemens	DNC				
15. University of Delaware Men's Crew (Squad 5)	INC				
J. Baseman	10.05 miles	1.87	3911	2.43	5.75
M. Grant	9.36 miles	2.2	4338	2.7	4.46
N. Magil	DNC				
16. University of Delaware Men's Crew (Squad 15)	INC				
D. Steveton	9.67 miles	1.88	3936	2.45	5.34
E. St. John	DNC				
J. Koch	DNC				
17. University of Delaware Men's Crew (Squad 12)	INC				
J. Walker	8.5 miles	2	3807	2.37	4.13
F. Vandal	DNC				

J. Filby	DNC				
18. University of Delaware Men's Crew (Squad 13)	INC				
R. Lunney	8.49 miles	1.8	3868	2.4	4.29
W. Grant	DNC				
W. Marello	DNC				
Co-Ed (F, F, M Division)	Total Distance	Treadmill (miles)	Erg (Meters)	Erg (Converted)	Spin Bike (miles)
1. Spagnoletti & Associates for Musella Foundation for Brain Cancer Research & Information	22.7 miles				
M. Spagnoletti	8.15 miles	1.64	3103	1.93	4.58
Ju. Spagnoletti	6.7 miles	1.58	2275	1.41	3.71
Jo. Spagnoletti	7.85 miles	1.54	3581	2.23	4.08
Individual Competitor Division (Women)	Total Distance	Treadmill (miles)	Erg (Meters)	Erg (Converted)	Spin Bike (miles)
1. J. Bunora	13.08 miles	1.8	3102	1.92	9.36
2. S. Jordan	8.78 miles	1.83	3637	2.26	4.69
3. J. Theyerl (Clark's Sharks for Mike Clark Legacy Foundation)	8.56 miles	1.48	3135	1.95	5.13
4. H. Mattingly	7.9 miles	1.71	3480	2.16	4.03
5. C. Esham	7.21 miles	1.27	2953	1.83	4.11
6. L. Brown	4.88 miles	1.2	2501	1.55	2.13
Individual Competitor Division (Men)	Total Distance	Treadmill (miles)	Erg (Meters)	Erg (Converted)	Spin Bike (miles)
1. C. Hall (Clark's Sharks for Mike Clark Legacy Foundation)	9.75 miles	1.85	3300	2.05	5.85
2. M. Fiss	8.52 miles	1.63	2940	1.82	5.07
3. W. Janvier	8.48 miles	1.73	3263	2.03	4.72
4. C. Vincent	7.75 miles	1.77	2935	1.82	4.16
5. P. Townsend (Clark's Sharks for Mike Clark Legacy Foundation)	INC	1.74	3355	2.08	NR
6. E. Reigle	DNC				
Kids 12 & Under Division	Total Distance	Treadmill (miles)	Erg (Meters)	Erg (Converted)	Spin Bike (miles)
M. Fiss	3.76 miles	1.05	1944	1.21	1.5

Scooter Race

Championship Heat

- 1. Team Kelly Anne Dolan Memorial Fund - \$100 prize to Kelly Anne Dolan Memorial Fund**
2. Team University of Delaware Men's Crew

Semi-Final Heat 1

1. Team University of Delaware Men's Crew (advance to finals)
2. Team LLS Survivors
3. Team Clark's Sharks for Mike Clark Legacy Foundation

Semi-Final Heat 2

1. Team Kelly Anne Dolan Memorial Fund (advance to finals)
2. Team Spagnoletti & Associates
3. Team Mosaic in Delaware